



BC Association of Pregnancy Outreach Programs
BCAPOP
Leadership • Support • Advocacy

BC Association of Pregnancy Outreach Programs
2016/17 Annual Report

About the BC Association of Pregnancy Outreach Programs

Vision

Pregnancy outreach programs (POP) are empowered, resourced and recognized as integral to the health of all women, families and communities.

Mission

Leading, supporting and advocating for pregnancy outreach programs throughout British Columbia.



Board Members

President | Aboriginal Funded Agency Representative

Krista Harvey
Cariboo Friendship Society, Williams Lake

Immediate Past-President

Jane Haywood-Farmer
Interior Health, Kamloops

Vice President | Professional Representative

Melanie Osmack
Fit for Two Pre- and Postnatal Fitness,
Vancouver

Secretary | North Representative

Erin Johnson
Carrier Sekani Family Services Prenatal
Nutrition Program, Vanderhoof

Treasurer | Southeast Representative

Sue Clarkson
Healthy Pregnancy Outreach Program, Fernie

Central Interior Representative

Michelle Querin
Interior Community Services, Kamloops

Island Representative

Hanne Bruhwiler
Nuu Chah Nulth Tribal Council, Tofino

Lower Mainland Representative

Vacant

At-large Representative (1 of 2)

Liz Kahle
Abbotsford Community Services, Abbotsford

At-large Representative (1 of 2)

Vacant

Administrative Staff

Executive Director

Anne Guarasci

Administrative Coordinator

Barbara Bremner

Contact BCAPOP

Email: popinfo@bcapop.ca

Website: www.bcapop.ca

Facebook: www.facebook.com/bcapop

Members

Interior

- 100 Mile House
 - Cariboo Family Enrichment Centre
- Kamloops
 - Interior Community Services
- Kelowna
 - The Bridge Youth & Family Services Society
- Lillooet
 - Bridge River Indian Band
- Merritt
 - CONAYT Friendship Society
- Salmon Arm
 - Shuswap Family Resource Centre
- Vernon
 - First Nations Friendship Centre
- Williams Lake
 - Cariboo Friendship Society

Island

- Campbell River
 - Campbell River Family Services Society
- Courtenay
 - Comox Valley Family Services Association
- Duncan
 - Hiiye'yu Lelum (House of Friendship) Society
- Ladysmith
 - Ladysmith Resources Centre Association
- Nanaimo
 - Tillicum Lelum Aboriginal Friendship Centre
- Port Alberni
 - Nuu-chah-nulth Tribal Council
 - Port Alberni Public Health, Island Health
- Port McNeill
 - North Island Community Services Society
- Saanich
 - Saanich Neighbourhood Place
- Sidney
 - Beacon Community Services
- Sooke
 - Sooke Family Resource Society
- Victoria
 - Boys and Girls Club of Greater Victoria
 - Esquimalt Neighbourhood House Society
 - Fernwood Neighbourhood Resource Group
 - Victoria Native Friendship Centre

Lower Mainland

- Abbotsford
 - Abbotsford Community Services
- Burnaby
 - Burnaby Family Life
- Chilliwack
 - Sto:lo Nation Health Services
- Hope
 - Hope Community Services
- Langley
 - Encompass Support Services Society
- Mission
 - Women's Resource Society of the Fraser Valley
- North Vancouver
 - Ayas MenMen Child and Family Services
 - Tsleil-Waututh Nation
- Port Coquitlam
 - Westcoast Family Centres Society
- Powell River
 - Powell River Employment Program Society
- Squamish
 - Sea to Sky Community Services Society
- Surrey
 - Options Community Services
- Vancouver/Richmond
 - Healthiest Babies Possible and Youth Pregnancy and Parenting Program

North

- Bella Coola
 - Nuxalk Health & Wellness
- Fort St. John
 - Community Bridge
- Hazelton
 - United Church Health Services Society
- Kitimat
 - Kitimat Child Development Centre
- Prince George
 - Prince George and District Elizabeth Fry Society
- Prince Rupert
 - North Coast Community Services
- Quesnel
 - Quesnel & District Child Development Centre
- Smithers
 - Dze L K'ant Friendship Centre Society
 - Northern Society for Domestic Peace
- Terrace
 - Terrace Child Development Centre Society
- Vanderhoof
 - Carrier Sekani Family Services

Southeast

- Castlegar
 - Kootenay Family Place
- Cranbrook
 - Community Connections Society of Southeast BC
- Creston
 - Valley Community Services
- Fernie
 - Fernie Women's Resource Centre
- Grand Forks
 - Boundary Family & Individual Services Society
- Nelson
 - Kootenay Kids Society
- Trail
 - The Trail Family and Individual Resource Centre Society (FAIR Society)

Executive Director Report

I am extremely pleased to have been a part of the work of BCAPOP over the last year. Through dedicated teamwork and the support of our board and administrative coordinator, the Association successfully launched a new website and recruited a full board of directors.

BCAPOP also effectively fulfilled contract obligations to the Public Health Agency of Canada (PHAC) to provide vitamin and nutrition supplements to programs across the province and to the First Nations Health Authority (FNHA) to support FNHA funded participants the opportunity to partake in the annual conference in October of 2016.

In addition to the day to day administrative duties such as report and proposal writing, I have been actively involved at various levels in BCAPOP initiatives and in particular with contract development and planning for the 2017 annual conference.

Over the course of the year, I have also worked with the Association to develop and strengthen partnerships with other organizations that provide resources and supports to programs and young families across BC. These include the Canada Northwest FASD Partnership – National Action Team for FASD Prevention (NAT), BC Association of Family Resource Programs, SmartMom, UBC Perinatal Anxiety Lab and Perinatal Services BC.

Once again this year on behalf of BCAPOP, I would like to extend a heartfelt thank you to the:

- Public Health Agency of Canada for financial support to administer the prenatal nutrition program. As funding becomes increasingly tight, programs are most thankful for the added nutritional support for their participants.
- First Nations Health Authority for continuing financial support for the annual conference. The addition of FNHA's influence and participation has brought depth and breadth to the conference in terms of increased understanding about Aboriginal culture and traditions.
- Natural Factors for providing vitamin D drops at cost for distribution to programs. This gesture demonstrates their devotion to healthy babies and is exemplary of good corporate citizenship!
- Vitamin Angels for providing prenatal vitamins free of charge. This allows the Association to distribute more vitamins and funding to programs

BCAPOP and its administrative team would not be able to function effectively without the dedication of the board of directors who continue to provide direction, support and expertise. I would like to extend my appreciation to the board for its ongoing commitment to the work of the Association.

Respectfully submitted,
Anne Guarasci
Executive Director

President's Report

It has been an honour to serve on the BCAPOP board since 2014, first as a director, then as vice president in 2015, and president as of May of 2017. The experience and passion I bring to the board is rooted in my day to day work with women who face multiple challenges and barriers.

This association continues to evolve and I think I can speak for the board when I say that our hope is that it will expand and grow in terms of the number of member programs as well as the level of support the Association can bring to programs.

Over the past year the board has changed significantly and there are four new board members including Erin Smedley, Michelle Querin, Hanne Bruhwiler, and Liz Kahle. These women bring a great deal of experience and dedication to the table and as such I would like to welcome them to the board and I very much look forward to working together.

This year the board has worked with administration to:

- Enhance the general meetings to be learning and networking opportunities
- Design and launch a new website
- Offer a supplemental nutrition program (funded by Public Health Agency of Canada) in partnership with:
 - Vitamin Angels
 - Natural Factors
- Advocate for programs
- Explore research opportunities, and
- Meet the requirements of the new Societies Act
- Plan and deliver a yearly conference for frontline workers in POPs to meet, learn and network

Thank you to the executive director Anne Guarasci and administrative coordinator Barbara Bremner for their hard work and dedication to BCAPOP. The Board recognizes their passion for BCAPOP and their ability to imagine new ideas and changes for our future.

Krista Harvey
President
BC Association of Pregnancy Outreach Programs

Treasurer's Report

April 1 2016- March 31 2017

The following is a summary from the Notice to Reader prepared by Matilda D'Silva CPA, CGA of Burns Lake, BC for BCAPOP.

Revenue Sources for 2016-17

MEMBERSHIPS

BCAPOPOP had 53 full voting memberships and 3 associate memberships this year with a total revenue of \$15,143.00.

CONFERENCE

BCAPOPOP hosted a successful 20th Annual Conference at the Executive Airport Plaza Hotel Vancouver with the theme "Supporting Diverse Needs with Compassion, Knowledge and Skill". The conference was held October 26-28, 2016 and featured key note speaker Kim Barthel. Conference Registration revenue was \$25,300.00. BCAPOP contracted with First Nation Health Authority (FNHA) which provided \$76,000.00 to fund staff from on-reserve Maternal Child Health programs and Canada Prenatal Nutrition Programs to attend.

NUTRITION SUPPORT

Public Health Agency of Canada provided funds in the amount of \$33,250.00 to BCAPOP for nutritional supports. Historically this funding has been used to purchase vitamins for membered programs. In 2014 BCAPOP initiated a partnership with Vitamin Angels (VA) – an American based registered charity that provides vitamin supplements internationally to populations in need. VA supplied 5290 bottles of prenatal vitamins to BCAPOP in November 2016. This allowed membered programs to use PHAC funds toward other nutritional supports including community kitchens, community gardens, Vitamin D supplements (2935 bottles) and food vouchers. Fifty four programs who applied for the funding received monies based on prenatal intakes, to enhance their nutrition activities.

Expenditures for 2016-17

OPERATIONAL COSTS

Total operational costs for 2016-17 were \$42,264.00 including advertising, bookkeeping, office supplies, postage, subcontractor fees, bank fees, telephone, travel, insurance and professional fees.

CONFERENCE

Costs for the 2016-17 conference were \$99,263.00 including audio visual costs, conference planner (Frog Hollow), food, administrative costs, speaker fees and FNHA travel.

NUTRITION SUPPORT

Total nutrition support was \$30,499.00 which included \$18,630.00 to programs, \$11,869.00 in vitamin D and shipping costs.

Financial Statement

Year Ended March 31, 2017

Statement of Financial Position

	2017	2016
Assets		
Current Assets		
Cash	\$ 59,207	\$ 75,387
Trade receivable	-	-
GST receivable	1,541	3,902
Prepaid expenses	452	442
	\$ 61,200	\$ 79,731
Liabilities and Fund Balances		
Current Liabilities		
Accounts payable and accrued liabilities	\$ 12,390	\$ 4,355
Deferred revenue	-	8,630
	12,390	12,985
Net Assets - Unrestricted	48,810	66,746
	\$ 61,200	\$ 79,731

Financial Statement

Year Ended March 31, 2017

Statement of Operations and Changes in Net Assets

	2017	2016
Revenues		
Conference- registrations	25,300	25,650
Health Canada - FNHA	76,000	76,000
Memberships	15,143	11,514
PHAC - Vitamin project	33,250	33,250
Donations	1,070	607
	150,763	147,021
Expenditures		
Advertising	595	248
Audio visual	2,005	1,017
Bank charges	465	352
Conference planner	11,000	11,000
Food	23,154	18,866
Insurance	1,021	1,045
Internet and website	2,209	-
Nutrition payments	18,630	18,898
Office Supplies & Postage	981	760
Professional fees	3,707	4,325
Speaker fees and honorariums	7,507	8,381
Subcontractor	37,848	31,901
Telephone	1,176	1,127
Travel - FNHA	34,949	38,228
Travel - meetings	11,462	9,711
Vitamins	11,869	7,268
	168,578	153,264
Excess of (expenses) revenue over expenditures	\$ (17,815)	\$ (6,243)
Net assets, beginning of year	66,746	72,989
Prior period adjustment	121	-
Net assets, end of year	\$ 48,810	\$ 66,746