



BC Association of Pregnancy Outreach Programs

BCAPOP

Leadership • Support • Advocacy

BC Association of Pregnancy Outreach Programs

2021-22 Annual Report

April 1, 2021 – March 31, 2022

About BCAPOP

Our Purpose

To improve the quality of maternal and infant health services by distributing prenatal vitamins, information on relevant research projects and by developing standards and guidelines for non-profit health organizations providing Pregnancy Outreach Programs to the public.

Mission

BCAPOP provides support, advocacy, and leadership to improve outcomes for pregnant, postpartum, and newly parenting people and their infants.

Vision

Our vision is for all parents to have equal and barrier-free access to education and support that will inform healthy pregnancy and early parenting and create resilient families.



2021 – 2022 BCAPOP Board of Directors

Director | President

Shonna Bell

Program Member | **Fernwood Neighbourhood Resource Group** | *Victoria Best Babies*

Director | Vice President

Ida Hearder, RPC

Program Member | **Shuswap Family Centre** | *Tummies 2 Tots*

Director | Treasurer

Lena Bullock, CPA CA

Independent Director

Director | Secretary

Angela Wu, BSW, LLM

Independent Director

Director

Simone Blais

Independent Director

Director*

**resigned from Board effective December 10, 2021*

Adrienne Johnny

Program Member | **Conayt Friendship Society** | *Merritt Moms and Families*

Contact Us

BCAPOP

MAILING ADDRESS: 230-1210 Summit Drive, #425 | Kamloops BC | V2C 6M1

Phone: 250-572-2191
General Inquiries: info@bcapop.ca
Board Inquiries: bod@bcapop.ca
Website: www.bcapop.ca

Program Members

Following is a list of BCAPOP Program Members with full voting rights for 2021-22.

Fraser

Abbotsford	Archway Community Services <i>Best for Babies</i>
Burnaby/New Westminster	Burnaby Family Life <i>Pre & Postnatal Services</i>
Chilliwack	Elizabeth Fry Society of Greater Vancouver <i>Ellendale Cradle</i>
	Chilliwack Community Services <i>Better Beginnings</i>
	Sto:lo Health Service Child Agency <i>Mat/Child</i>
Hope	Hope Community Services <i>Better Beginnings</i>
Langley	Encompass Support Services Society <i>Best Babies of the Langleys</i>
Maple Ridge	The Family Education & Support Centre <i>Early Years Services</i>
Mission	SARA for Women <i>Baby's Best Chance</i>
Port Coquitlam	Westcoast Family Centres Society <i>Healthy Babies Program</i>
Surrey	Atira Women's Resource Society <i>Maxxine Wright Place</i>
	Options Community Services <i>Healthiest Babies Possible</i>

Interior

100 Mile House	Cariboo Family Enrichment Centre <i>Family Support</i>
Castlegar	Kootenay Family Place <i>Beautiful Beginnings</i>
Chase	Little Shuswap Indian River Band <i>Skwlax Wellness Centre</i>
Clearwater	Yellowhead Community Services <i>Better Beginnings</i>
Cranbrook	Community Connections Society of Southeast BC <i>Bellies to Babies Pregnancy & Family Resource Program</i>
Creston	Valley Community Services <i>Dots to Tots</i>
Fernie	Fernie Women's Resource Centre <i>Bellies to Babies</i>
Grand Forks	Boundary Family Services Society <i>Baby's Best Chance</i>
Kamloops	Interior Community Services <i>Baby's Head Start Early Years/Family Navigation</i>
	Kamloops Family Resources Society <i>The Tree</i>
	Lii Michif Otipemisiwak Family and Community Services <i>Michif Early Years Team</i>
	Pregnancy Care Centre of Kamloops <i>Pregnancy Care Centre</i>
	Secwepemc Child and Family Services <i>Wellness – Early Years Team</i>
Kelowna	Karis Support Society <i>First Stage Recovery Mom and Babies</i>
	The Bridge Youth & Family Services Society <i>Okanagan Similkameen Community Action Program for Children (OSCAPC)</i>
Keremeos	Lower Similkameen Community Services Society <i>Early Years CAPC</i>

Interior

Lillooet	Bridge River Indian Band <i>Canadian Prenatal Nutrition Program</i>
Lytton	Nzen'man Child and Family Development Centre <i>Infant Development</i>
Merritt	Conayt Friendship Society <i>Merritt Moms and Families</i>
Nelson	Kootenay Kids Society <i>Bellies to Babies</i>
Salmon Arm	Shuswap Family Centre <i>Tummies 2 Tots</i>
Sooke	Sooke Family Resource Society <i>Prenatal Education and Outreach Program</i>
Trail	Trail FAIR Society <i>Building Beautiful Babies</i>
Vernon	North Okanagan Friendship Centre <i>Pregnancy Outreach Program</i>
Williams Lake	Cariboo Friendship Society <i>Pregnancy Outreach</i>

Northern

Fort St. John	Community Bridge <i>Baby's Best Chance</i>
Hazelton	Wrinch Memorial Foundation Society <i>Hazelton Starting Smart</i>
Kitimat	Kitimat Community Development Centre <i>Healthy Babies</i>
McBride	Robson Valley Community Services <i>Early Years Program</i>
Old Massett	Niislaa Naay Healing Housing Society <i>Tawlang ga Tlaayds</i>
Prince George	Phoenix Transitions Society <i>Harmony House</i> Prince George & District Elizabeth Fry Society <i>Baby's New Beginnings</i>
Prince Rupert	North Coast Community Services <i>New Beginnings Pregnancy Outreach Program</i>
Quesnel	Quesnel and District Child Development Centre <i>Healthy Mothers Healthy Babies Pregnancy Outreach Program</i>
Smithers	Dze L'Kant Friendship Centre Society <i>Northwest Coalition Community Action Program for Children</i> Northern Society for Domestic Peace <i>Smithers Pregnancy Outreach Program</i>
Terrace	Terrace Child Development Centre Society <i>Building Healthier Babies</i>
Vanderhoof	Carrier Sekani Family Services <i>Family Preservation / Maternal Child Health</i> Connexus Community Resource <i>Community Action Program for Children</i>

Vancouver Coastal

Bella Coola	Nuslhiixwta <i>Healthy Beginnings</i>
Powell River	Lift Community Services <i>BOND Program</i>
Sechelt	Sunshine Coast Community Services Society <i>Bellies and Babies</i>
Squamish	Sea to Sky Community Services <i>Healthy Pregnancy Outreach Program</i>
Vancouver	Vancouver Coastal Health Authority <i>Healthiest Babies Possible / YPPP Vancouver</i>
	Vancouver Coastal Health Authority <i>Sheway</i>

Vancouver Island

Campbell River	Campbell River Family Services Society <i>Baby's Best Chance</i>
Courtenay	Comox Valley Child Development Association <i>Pathways to Healing Partnership</i>
	Comox Valley Family Services Association <i>Healthy Families Program</i>
Duncan	Hiiye'yu Lelum (House of Friendship) Society <i>Healthiest Babies Possible</i>
Ladysmith	Ladysmith Resources Centre Association <i>Born Healthy</i>
Nanaimo	Tillicum Lelum Aboriginal Friendship Centre <i>Building Better Babies</i>
Port Alberni	Nuu-chah-nulth Tribal Council <i>Child & Youth Services</i>
	Vancouver Island Health Authority <i>Port Alberni Early Years Program</i>
Port Hardy	Gwa'sala-'Nakwax da'xw Health and Family Services <i>Maternal / Child Health Program</i>
Port McNeil	North Island Community Services <i>Promising Babies CPNP</i>
Saanich	Saanich Neighbourhood Place <i>Best Babies</i>
Sidney	Beacon Community Services <i>Peninsula Babies & Tsawout Babies Circle</i>
Victoria	Boys & Girls Club of Greater Victoria <i>Best Babies Westshore</i>
	Esquimalt Neighbourhood House Society <i>Best Babies</i>
	Fernwood Neighbourhood Resource Group <i>Victoria Best Babies</i>
	Victoria Native Friendship Centre <i>Slaheena</i>
	Vancouver Island Health Authority <i>HerWay Home</i>

2021-22 President and Executive Director Report

Shonna Bell, BCAPOP Board President & **Heather Cameron**, RN, BCAPOP Executive Director

The past year has been one of stabilization for BCAPOP and it's a pleasure to support the organization.

In September of 2021 we officially elected **Ida Hearder** and welcomed **Simone Blais**. Thanks to both of them for joining us. In December 2021, **Adrienne Johnny** resigned after serving 5 years on the BCAPOP Board. Thank you, Adrienne, for your contributions to the Board. I would also like to thank **Angela Wu** and **Lena Bullock** for their continued support over the last year. With Covid and the continued pressures of life, getting by with the day-to-day seems to be getting harder for all of us. Keeping a substantial volunteer commitment on top of that has been a lot to ask. I really appreciate every effort of each board member.

BCAPOP continues to support our members and the diverse population that we work with. This is evidenced in the diversity of the trainings and guest speakers that we have been privileged to have attend our conferences and BCAPOP has continued to adapt to the challenges of the pandemic, offering virtual trainings for members, and through the Pregnancy HUB, free evidence-based prenatal and early parenting program for pregnant and postpartum people across B.C.

The BCAPOP Board of Directors continued with the three-year strategic plan which supports our mission to provide support, advocacy, and leadership to improve outcomes for pregnant, postpartum, and newly parenting people and their infants. We established an Indigenous Cultural Safety Committee, which met in partnership with elders over the last year and will continue in the year to come.

I would like to take this opportunity to thank all our program members for the valuable work that you do. With the ever-changing world of Covid and the added issues that have continued to evolve, things have not gotten easier and it feels like we are working with less and less. We know that staff are burning out and the needs of clients are increasing. It's a really tough climate to be in direct services delivery and we know you all care deeply for those you work with. Thank you for continuing to be there; as much as possible.

Lastly a big thank you to our Executive Director, **Heather Cameron**, I really enjoy working with Heather. Her passion, precision and direct approach for getting things done, really make this an easy president role. And thank you to the BCAPOP staff for all the amazing work that you do, your skills and dedication to our members and the families that we support is greatly appreciated. The BCAPOP team members each work individually from their homes yet there is a feeling of being connected.

-Shonna Bell, BCAPOP Board President

Year-at-a-Glance

(April 1, 2021 to March 31, 2022)

- Welcomed two new Board Members at the 2021 AGM: Simone Blais and Ida Hearder.
- Secured ongoing funding through the Provincial Services Health Authority to continue year three of the Healthy Care Pregnancy Program Pilot Project and to continue to create and disseminate supports, training, guidelines and resources for helping professionals and peers who support pregnant people using substances.
- Offered and completed the 2021-22 BCAPEP Nutrition Program, funded by the Quesnel Child Development Centre and in partnership with Vitamin Angels and Natural Factors.
- Continued to adapt the current programs and services offered by the organization in response to the COVID-19 pandemic.
- Planned and delivered numerous virtual continuing education opportunities in response to the pandemic including webinars, virtual check-ins, trainings, and virtual conferences.
- Created, approved, and implemented a budget for 2021-22 that was focused on the long-term financial sustainability of BCAPEP.
- Secured funding from the Province of BC to continue to implement The Pregnancy HUB (www.pregnancyhub.org), virtual prenatal education program free to all BC residents who are pregnant, postpartum and newly parenting.
- Diligently worked to attract new BCAPEP Program and Associate Members to diversify and strengthen BCAPEP, including student members.

BC Association of Pregnancy Outreach Programs

Compiled Financial Information Year Ended March 31, 2022



CHARTERED PROFESSIONAL ACCOUNTANTS LLP

208 - 475 Birch Avenue, PO Box 160
 100 Mile House, BC V0K 2E0
 Telephone 250-395-2274
 Fax 250-395-2256
 www.pmtcpa.com

COMPILATION ENGAGEMENT REPORT

To the Directors of B.C. Association of Pregnancy Outreach Programs

On the basis of information provided by management, we have compiled the statement of financial position of B.C. Association of Pregnancy Outreach Programs as at March 31, 2022, and the statements of changes in net assets and revenues and expenditures for the year then ended, and Note 1, which describes the basis of accounting applied in the preparation of the compiled financial information and other explanatory information ("financial information").

Management is responsible for the accompanying financial information, including the accuracy and completeness of the underlying information used to compile it and the selection of the basis of accounting.

We performed this engagement in accordance with Canadian Standard on Related Services (CSRS) 4200, *Compilation Engagements*, which requires us to comply with relevant ethical requirements. Our responsibility is to assist management in the preparation of the financial information.

We did not perform an audit engagement or a review engagement, nor were we required to perform procedures to verify the accuracy or completeness of the information provided by management. Accordingly, we do not express an audit opinion or a review conclusion, or provide any form of assurance on the financial information.

Readers are cautioned that the financial information may not be appropriate for their purposes.

100 Mile House, BC
 July 8, 2022


 PMT CHARTERED PROFESSIONAL
 ACCOUNTANTS LLP

B.C. ASSOCIATION OF PREGNANCY OUTREACH PROGRAMS
Statement of Financial Position
March 31, 2022

	2022	2021
ASSETS		
Current		
Cash	\$ 889,152	\$ 624,283
Accounts receivable	130	71,586
Goods and services tax recoverable	1,372	307
	<u>\$ 890,654</u>	<u>\$ 696,176</u>
LIABILITIES		
Current		
Accounts payable and accrued liabilities	\$ 4,083	\$ 2,830
Wages payable	1,018	463
Employee deductions payable	6,604	-
Deferred income (Note 3)	583,247	483,136
Deferred income - BC Gaming (Note 3)	30,000	-
	<u>624,952</u>	<u>486,429</u>
NET ASSETS		
General fund	265,702	209,747
	<u>\$ 890,654</u>	<u>\$ 696,176</u>

APPROVED BY THE DIRECTORS

Shonna Bell Director
[Signature] Director

See notes to financial information

B.C. ASSOCIATION OF PREGNANCY OUTREACH PROGRAMS
Statement of Changes in Net Assets
Year Ended March 31, 2022

	2022	2021
Net assets - beginning of year	\$ 209,747	\$ 36,641
Excess of revenue over general and administrative expenses	55,955	173,106
Net assets - end of year	<u>\$ 265,702</u>	<u>\$ 209,747</u>

See notes to financial information

B.C. ASSOCIATION OF PREGNANCY OUTREACH PROGRAMS
Statement of Revenues and Expenditures
Year Ended March 31, 2022

	2022	2021
Revenue		
Grants <i>(Note 3)</i>	\$ 1,035,505	\$ 806,103
Training and events	127,197	182,346
Memberships <i>(Note 3)</i>	36,810	24,997
BC Gaming <i>(Note 3)</i>	25,000	-
Donations	1,920	3,485
Online store sales	1,185	2,395
Fundraising	-	5,275
Interest income	-	1
	<u>1,227,617</u>	<u>1,024,602</u>
General and administrative expenses		
Advertising and promotion	12,209	7,580
Bank charges and interest	3,009	3,380
Contracted staff	-	34,160
Insurance	4,560	4,064
Nutrition program	29,001	30,282
Office	4,344	3,402
Professional fees	5,839	8,791
Projects	797,579	554,571
Telephone and communications	14,469	4,113
Training and events	17,996	25,186
Travel	535	351
Wages and benefits	282,121	175,616
	<u>1,171,662</u>	<u>851,496</u>
Excess of revenue over general and administrative expenses	\$ 55,955	\$ 173,106

See notes to financial information

4

B.C. ASSOCIATION OF PREGNANCY OUTREACH PROGRAMS
Notes to Compiled Financial Information
Year Ended March 31, 2022

1. Basis of accounting

The basis of accounting applied in the preparation of the statement of financial position of B.C. Association of Pregnancy Outreach Programs as at March 31, 2022, and the statements of changes in net assets and revenues and expenditures for the year then ended is on the historical cost basis and reflects cash transactions with the addition of:

- accounts receivable for unpaid invoices and GST rebate
- accounts payable and accrued liabilities
- deferral of restricted income to match when funds are spent
- deferral of membership fees to match period it is related to

2. Purpose of association

The B.C. Association of Pregnancy Outreach Programs (BCAPOP) was incorporated provincially under the Society Act of B.C. on March 12, 1996. On April 9, 2020 the association was granted charitable organization status with the Canada Revenue Agency. The association is exempt from the payment of income tax under Section 149(1) of the Income Tax Act.

The purpose of the BCAPOP is to improve the quality of maternal and infant health services by distributing prenatal vitamins, information on relevant research projects and by developing standards and guidelines for non-profit health organizations providing Pregnancy Outreach Programs to the public.

3. Deferred income

	2021	Funding received	Revenue recognized	2022
<u>Grants and Membership Fees</u>				
Provincial Health Services Authority	\$ 452,177	\$ 1,107,775	\$ 1,002,255	\$ 557,697
Quesnel CDC	-	33,250	33,250	-
	452,177	1,141,025	1,035,505	557,697
Membership Fees	30,960	31,400	36,810	25,550
<u>BC Gaming</u>				
BC Gaming	-	55,000	25,000	30,000
	\$ 483,137	\$ 1,227,425	\$ 1,097,315	\$ 613,247

4. Disclosure of remuneration

As required by the Society Act of British Columbia, remuneration above \$75,000 paid to directors, employees and contractors must be disclosed. During the year, the organization paid remuneration to the executive director, who also provided services to programs, in the amount of \$115,407; plus one additional employee in the amount of \$75,782.

The association does not provide remuneration for being a director.