

## Overview



The Healthy Care Pregnancy Program (HCPP) aims to better support pregnant, postpartum, and newly parenting people who use or have used substances. It creates and utilizes formal connections between acute care facilities and community organizations, who are also BCAPOP Program Members. This program was created and is implemented in collaboration with the Provincial Perinatal Substance Use Program, BC Women's Hospital and Health Centre, Provincial Health Services Authority.



## Program Outcomes

- Maintaining parent-baby togetherness regardless of custody/guardianship status
- Supporting holistic wellness and addressing acute medical complexity and social determinants of health for both the participants and their infants
- Building confidence and self-efficacy within participants and their families
- Identifying pressure points in the system of care for intervention/support

## Central Strategies of HCPP

- Provide trauma-informed, culturally safe and responsive support to a caseload of 4-7 participants who are either pregnant, postpartum or newly parenting up to 7 months postpartum.
- Focus on participants who are not already accessing existing services and programs and who are experiencing risks to their health and well-being (i.e. unstable housing, food insecurity, lack of prenatal care, poverty, intimate partner violence, and/or systemic racism).
- Meet with participants throughout their perinatal journey, walking alongside them and supporting their access to basic needs, services, transitions, etc., and coordinating Healthy Care Pregnancy Meetings to help them reach their self-identified goals.

# Site Expansion!



HCPP has concluded three years of ongoing pilot site programming and an external evaluation. BCAPOP is now ready to expand the number of sites offering HCPP to other community organizations with the capacity, passion, and funding to offer HCPP to pregnant, postpartum and newly parenting people who use (or have used) substances.

BCAPOP supports expansion HCPP sites on a cost recovery basis. Every HCPP site has annual access to the following resources and customizable support from BCAPOP:

- Access to our private HCPP online portal that houses the HCPP forms, handbooks, templates, & resources required to initiate, launch and maintain an HCPP site
- Use of the HCPP logo, access to annual order of printed marketing materials, listed on the BCAPOP and Pregnancy HUB websites and other promotional materials
- Access to the HCPP onboarding and ongoing training program for both the site supervisor and the HCPP inreach worker (mix of virtual and in-person)
- Access to ongoing clinical and program administration support via telephone and zoom
- Bi-weekly virtual HCPP Inreach Worker Roundtables that offer a community of practice for all inreach workers to share, collaborate, and network, while reducing feelings of burnout and experiences of working in isolation to provide best practice care
- Quarterly virtual HCPP Supervisor Roundtables for supervisors or executive directors to share their leadership expertise, funding opportunities, collaborations, and site successes/challenges.
- Inclusion in the monthly data collection process and ongoing evaluation
- Representation at provincial and federal tables to further the awareness and support for all HCPP sites

[www.bcapop.ca/HCPP](http://www.bcapop.ca/HCPP)



The annual cost-recovery fee payable to BCAPOP per HCPP site is \$7500

Contact Andrea Grady, HCPP Project Manager  
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