

What is the Healthy Care Pregnancy Program (HCPP)?

HCPP offers **FREE, SAFE**, and **CONFIDENTIAL** support, so you don't have to navigate this journey alone!

Who is eligible for the program?

All people who are pregnant or up to 7 months postpartum who use (or have used) substances, want extra support and are not already well connected or accessing existing services.



**Want to
learn more?**

Pregnancyhub.com/HCPP

Find an Inreach Worker

Burnaby/New Westminster

Royal Columbian Hospital/Burnaby Family Life
Gillian, RPN 604-404-4777 or inreach@burnabyfamilylife.org

Kamloops

Royal Inland Hospital/The Tree
Shannon, RN 250-682-0166 or hcpp@kfrs.ca

Port Alberni

West Coast General Hospital/
Port Alberni Friendship Centre
Christine, BSW 250-918-4241 or
cmilligan@pafriendshipcenter.com

Powell River

qathet General Hospital/LIFT Community Services
Catherine, BSW 604-208-9140 or
catherine.calder@liftcommunityservices.org

Prince George

University Hospital of Northern BC/
PG Elizabeth Fry Society
Position vacant. Please call 250-567-7869 for more info.

Smithers

Bulkley Valley District Hospital/
Dze L K'ant Friendship Centre
Brianna, LPN 250-877-1175 or inreachk@dzeltant.com

Surrey

Surrey Memorial Hospital/
Options Community Services
Please call 778-235-0032 for more info

100 Mile House/Williams Lake

Cariboo Memorial Hospital/
Cariboo Family Enrichment Centre
Tyler, BSW (she/her) 250-948-0300 or
tdixon@cariboofamily.org

Duncan

Cowichan District Hospital/Hiiye'yu Lelum Society
Rose 250-732-8241 or rwoods@hofduncan.org



The Healthy Care Pregnancy Program

We can offer you **connections** and **accompaniments** to services, support with basic needs, a team of professionals in your corner and assistance reaching your pregnancy goals no matter what they are.



What we do

- Talk with you about your needs and pregnancy goals
- Offer you a menu of services we can connect you to.
- Go to appointments with you
- Get a team of people together that you choose to help you reach your goals!



BCAPOP acknowledges that this pilot project is funded by the Provincial Perinatal Substance Use Program, BC Women's Hospital and Health Centre, PHSA.

What is a Healthy Care Pregnancy Meeting?

- You identify positive supports and you are invited to ongoing team meetings.
- You identify your goals and what supports you need and want to reach those goals.
- The supports on the team commit to the action items and collaborate on the plan to best support you.
- The documented plan is shared to your support team with your consent.



Your HCPP Inreach Worker will walk alongside you and:

- Help you to identify and reach your goals
- Coordinate Healthy Care Pregnancy (HCP) meetings with your positive supports to collaborate and make a plan
- Offer a menu of services and connect you to the ones you choose
- Accompany you to intakes and appointments at your request
- Support you through transitions in & out of the hospital and/or other bed-based programs.

