

*BCAPOP Featured Event:*

**Compassion Fatigue: Caring for Ourselves while Caring for Others**

*presented by:* **Dr. Gabor Maté**

**January 18, 2022 | 9am - 12pm PT\* | virtual**

**Time Zone**

**Mountain Time, MT**

**Central Time, CT**

**Eastern Time, ET**

**Atlantic Time, AT**

**Newfoundland Standard Time, NST**

**Start Time**

**10:00 am MST**

**11:00 am CST**

**12:00 noon EST**

**1:00 pm AST**

**1:30 pm NST**