

*BCAPOP Learning Series:*

## **Pregnancy After Loss (PAL)**

*presented by: **Aditi Loveridge**, Grief Recovery Specialist, Mindfulness meditation teacher*

**February 17, 2022 | 12pm - 3pm PT | virtual**

**Time Zone**

**Mountain Time, MT**

**Central Time, CT**

**Eastern Time, ET**

**Atlantic Time, AT**

**Newfoundland Standard Time, NST**

**Start Time**

**1:00 pm MST**

**2:00 pm CST**

**3:00 pm EST**

**4:00 pm AST**

**4:30 pm NST**